

Softball All Skills Clinic

WHEN: December 14, 2019

4th - 12th Grade: 8am-11:30am

Infield/Outfield/Hitting: 8am-11:00am Pitching/Catching: 11:00am – 11:30am

* Pitching and Catching are separate.

* Please bring a catcher for pitching portion.

WHERE: Check-In will take place at Cornell College's Small Multi Sport Center Field House.

WHY: The All skills softball clinic is designed to provide an opportunity for all around skill development, fun, competition, and exposure. Players will get a chance to go through college type practices, drills and workouts.

WHO: Players who will be in grades $4^{nd} - 12^{th}$ during the 2017-2018 school year.

LEADERSHIP: Instruction will be provided by the Cornell College Softball Staff and current Cornell College Softball Players.

COST: The cost for the All Skills Clinic is \$35 and payable to Cornell College Softball.

REGISTRATION DEADLINE: December 13, 2019.

MORE INFORMATION CONTACT:

Jackie Sernek
Head Softball Coach
Cornell College
319-895-4411 (office)

EMAIL: <u>Jsernek@cornellcollege.edu</u>

CORNELL COLLEGE SOFTBALL ALL SKILLS CLINIC REGISTRATION

Name:			
Parent's name:			
Address:			
City:			
State:		Zip:	
Email			
(You will receive email t	o confirm your registrat	tion and schedule changes because of weather)
High School:			
Year in School:	Bat	Throw	
POSITION(S):			
CELL#:			
Participating in Pitch	ning/Catching Portio	n: (Please circle one)	
	g		
	Pitching	Catching	

CORNELL COLLEGE CAMP ACKNOWLEDGMENT AND <u>ASSUMPTION</u> OF RISK AND MEDICAL CONSENT FORM

I, the undersigned camp athlete, do hereby expressly and affirmatively state that I voluntarily wish to participate in the Cornell College Softball Clinic. I realize that my participation in this activity inherently involves risk of injury, including but not limited to the following: death, neck and spinal injuries (which may result in complete or partial paralysis), brain damage, injury to internal organs, injury to the skeletal system, and injury or impairment to the body's general health and well-being. In addition, I acknowledge that injury may also result in serious impairment of future abilities to earn a living, engage in other business, social and recreational activities, and generally enjoy life. These types of injuries may result from my own actions, the actions or inactions of others, or a combination of both. I understand that the rules and regulations are designed for the safety and protection of participants and I hereby agree to abide by the rules and regulations administered by the camp staff. I also understand that certain activities require a minimum level of fitness for safe participation. I acknowledge that I fully understand the contents of this Acknowledgment and Assumption of Risk statement before signing the same and have had an opportunity to ask questions. All questions I have asked have been answered to my complete satisfaction. Having done so, I agree to assume any and all potential risks of these activities and agree to hold Cornell College, its officers, employees and agents harmless for liability as it relates to this activity. I hereby grant permission to the Cornell College softball staff, team physician, athletic trainers and other medical personnel to render aid, emergency treatment, medical or surgical care, preventative, rehabilitative care deemed reasonably necessary to my health and well being.

thlete Signature Date			
arent(s) or Legal Guardian Signature Date			
CONTACT INFORMATION IN CASE OF EMERGENCY :			
AME			
DDRESS			
TYSTATEZIP			
OME PHONE			